

A FIELD GUIDE

TO

WATERMAN THINGS

BY

JOHN JOHN FLORENCE

Hurley



**A FIELD GUIDE**  
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**DEDICATED TO THE OCEAN**

**...FOR ITS ENDLESS SUPPLY OF LESSONS**

# INTRO

EVER SINCE MY BROTHERS AND I WERE YOUNG, MY MOM HAS PUSHED US TO GET OUTSIDE WHENEVER WE CAN AND LEARN SOMETHING NEW. IT DIDN'T MATTER WHAT WE DID: SURF, SKATE, SANDSLIDE, BUILD A FORT, WHATEVER. WE ARE ALL PRETTY THANKFUL FOR THAT NOW BECAUSE IT KEPT US CURIOUS AND WANTING TO TRY NEW THINGS. THAT'S MY ONLY HOPE FOR THIS BOOK. I AM NOT AN EXPERT, AND WE WANTED TO HAVE A LITTLE FUN HERE SO DON'T TAKE IT TOO SERIOUSLY. THINK OF IT LIKE A NOTEPAD TO WRITE ALL OVER AND ADD TO. I HOPE YOU ENJOY, AND LOOK FORWARD TO SEEING WHAT YOU CREATE... WE LEFT A BUNCH OF PAGES BLANK IN THE BACK.

*John John*



A FIELD GUIDE

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WATCH THESE TOPICS COME TO LIFE AT [YOUTUBE.COM/HURLEY](https://www.youtube.com/hurley)

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LAND

LAND

I'VE STARTED MY MORNING WITH OATMEAL FOR AS LONG AS I CAN REMEMBER. IT'S FAST, EASY AND YOU CAN MAKE IT ANYWHERE.

# MORNING RITUAL

## INGREDIENTS:

- OATS
- DATES
- BANANA
- NUTS
- HONEY
- PINCH OF TURMERIC\*

\* WHY TURMERIC? IT GROWS WELL IN HAWAII AND IT'S SAID TO HELP BRAIN FUNCTIONALITY AND BOOST THE IMMUNE SYSTEM.

# WARM-UP



I THINK THE RECORD FOR JUGGLING A SOCCER BALL IS OVER 30 HOURS, BUT I'M STOKED IF I CAN GET MORE THAN 10 TOUCHES. ALBEE LAYER AND MATT MEOLA GOT ME INTO

HACKY SACK A COUPLE YEARS AGO IN WEST OZ, AND IT'S EVOLVED TO SOCCER. IT'S A FUN WAY TO STAY ACTIVE ON THE ROAD, AND IT'S NEVER HARD TO FIND PEOPLE TO PLAY.







# POWER NAPS

I LIKE TO TAKE SHORT NAPS ON THE ROAD, OR ON DAYS WHEN WE ARE REALLY ACTIVE. I'VE HEARD IT'S RECOMMENDED YOU NAP FOR EITHER 20 MINUTES OR 2 HOURS. I GO FOR THE 20-MINUTE POWER NAP. IT RESETS MY WHOLE DAY.

# PLAYLIST

THERE'S A SONG FOR EVERY OCCASION. HERE'S A FEW THAT SEEM TO GET PLAYED A LOT RIGHT NOW:

OLD MAN  
NEIL YOUNG

SOMEWHERE OVER THE RAINBOW  
ISRAEL KAMAKAWIWO'OLE

LOVE LIKE THIS  
WILD BELLE

STRAIGHT LINE  
PETE BERNHARD

SUN IS SHINING  
BOB MARLEY

MISS YOU  
ROLLING STONES

MAKEBA  
JAIN

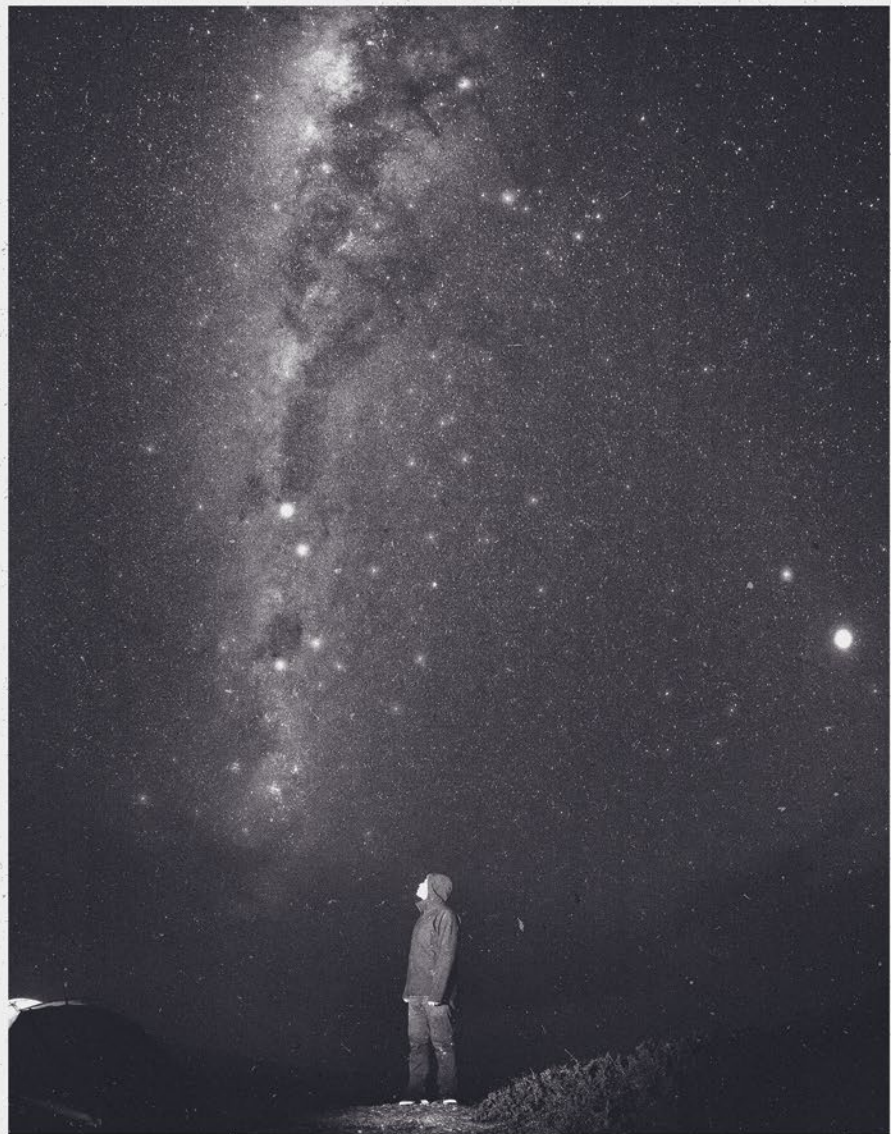
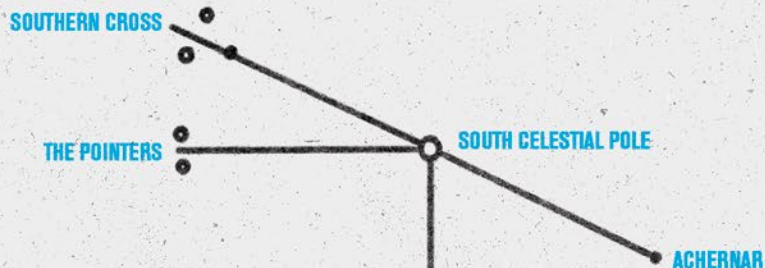


CATEGORY: **LAND**

# MAP TO THE STARS

## USE THE SOUTHERN CROSS TO FIND DUE SOUTH

**DRAW A LINE FROM THE TOP OF THE CROSS TO THE BOTTOM, AND EXTEND IT 4.5 TIMES. DROP A VERTICAL LINE FROM THIS POINT, CALLED THE SOUTH CELESTIAL POLE, TO THE HORIZON – AND THAT IS DUE SOUTH. (FOR A MEASUREMENT TOOL, EXTEND YOUR ARM TO THE SKY AND USE THE WIDTH OF YOUR FINGERS.) IF THE CROSS ISN'T VISIBLE, YOU CAN ALSO USE THE POINTERS AND ARCHENAR – DRAW A LINE BETWEEN THEM AND THE HALFWAY POINT IS THE SOUTH CELESTIAL POLE.**



# PASSING TIME



SOME OF MY BEST NIGHTS ARE SPENT WITH FAMILY AND FRIENDS PLAYING CARDS. CAFÉ CON LECHE IS OUR LATEST GAME – IT'S WORTH LOOKING UP. A COUPLE OF REASONS WHY I LIKE IT SO MUCH:

1. IT STARTS WITH TAKING RISKS.
2. CLAIMS ONLY WORK IF YOU CAN BACK THEM UP.
3. IT'S BETTER TO FLY UNDER THE RADAR.

A GOOD TOTAL SCORE: 150

\* @PARALLELSEA



CATEGORY: LABB

# DRIVING IN SAND

WE ALL GET STUCK EVENTUALLY, BUT IF WE GET TO WHERE WE'RE GOING IT'S USUALLY A GOOD MEMORY. HERE'S WHAT COMES TO MIND:

- LOWER THE TIRE PRESSURE BEFORE SOFT SAND. REMEMBER TO REFILL WHEN BACK ON THE ROAD.
- MOMENTUM IS YOUR FRIEND. USE 4H WHEN POSSIBLE.
- WHEN YOU ARE STUCK, START BY REVERSING A LITTLE. THEN LAY DOWN TRACTION (LOGS, BRANCHES, DRIED SEAWEED, A 2X4), AND EASE OUT IN 4L.
- BRING A SHOVEL.
- GET ADVICE FROM SOMEONE MORE EXPERIENCED THAN ME.



# BUILD A FIRE

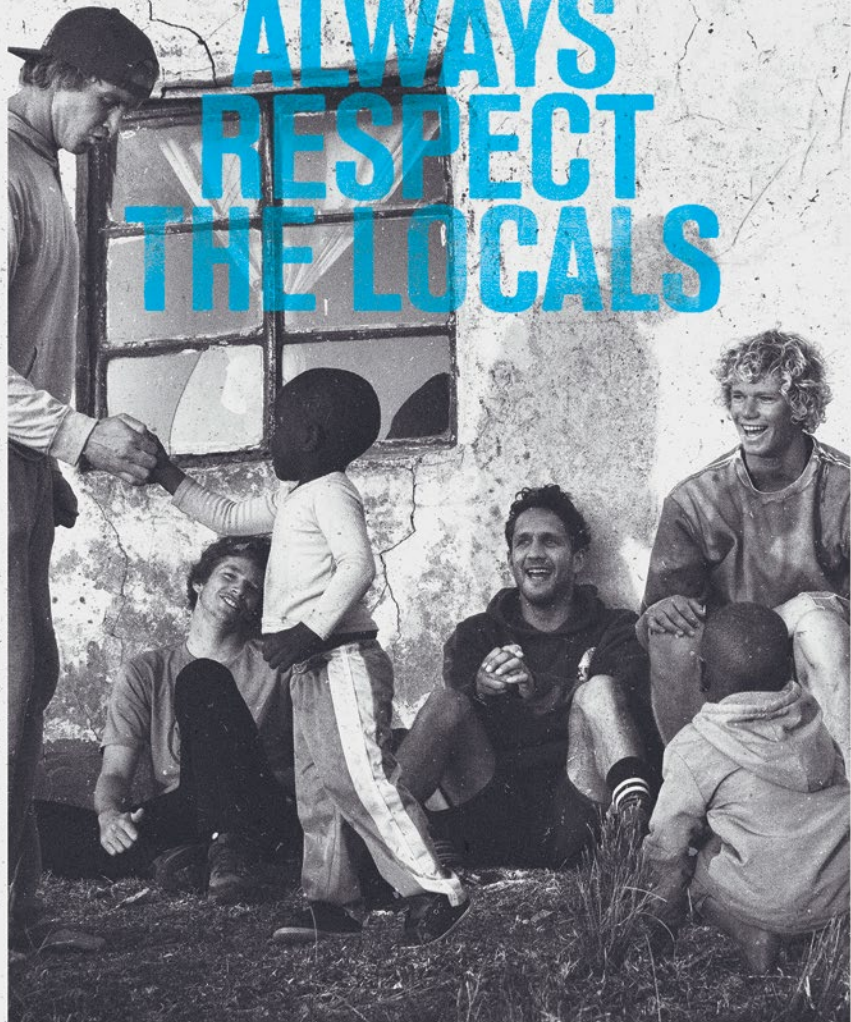


## FIVE KEYS TO A SMALL, RESPONSIBLE BEACH FIRE.

1. DIG A 3-FOOT WIDE HOLE ABOUT A FOOT DEEP AND WELL AWAY FROM ANY BRUSH OR DRY VEGETATION.
2. USE ROCKS TO LINE THE PERIMETER OF THE HOLE AS A WINDSHIELD.
3. START SLOW. KINDLING FIRST (TWIGS, BOXES, ETC) IN THE SHAPE OF A TEEPEE. KEEP PILING ON LARGER AND LARGER KINDLING AND BLOW.
4. DON'T ADD LARGER LOGS TOO EARLY. THEY'LL CHOKE OUT THE FLAME.
5. DON'T USE LAVA ROCKS. THEY CAN POP.

NUMBER ONE RULE WHEN TRAVELING:

ALWAYS  
RESPECT  
THE LOCALS



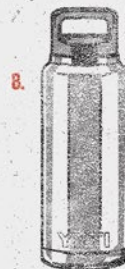
# MY CARRY-ON

HERE'S WHAT I THROW IN MINE. IT'S PRETTY MUCH A LIFELINE  
WHEN WE'RE ON THE ROAD.

1. NOISE CANCELLING HEADPHONES
2. HOODED SWEATSHIRT
3. 2 BOOKS (CURRENTLY READING SAPIENS BY YUVAL NOAH HARARI AND SOMETHING BY THICH NHAT HANH)
4. IPAD (FOR MOVIES AND EMAIL)
5. LEICA M7 CAMERA
6. TOOTHBRUSH AND TOOTH PASTE
7. CHAMOMILE TEA
8. YETI RAMBLER
9. TRAIL MIX
10. PHANTOM BACKPACK



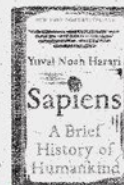
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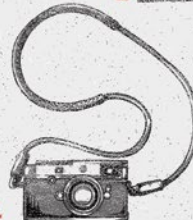
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CATEGORY: LAND

# BOARD BAG



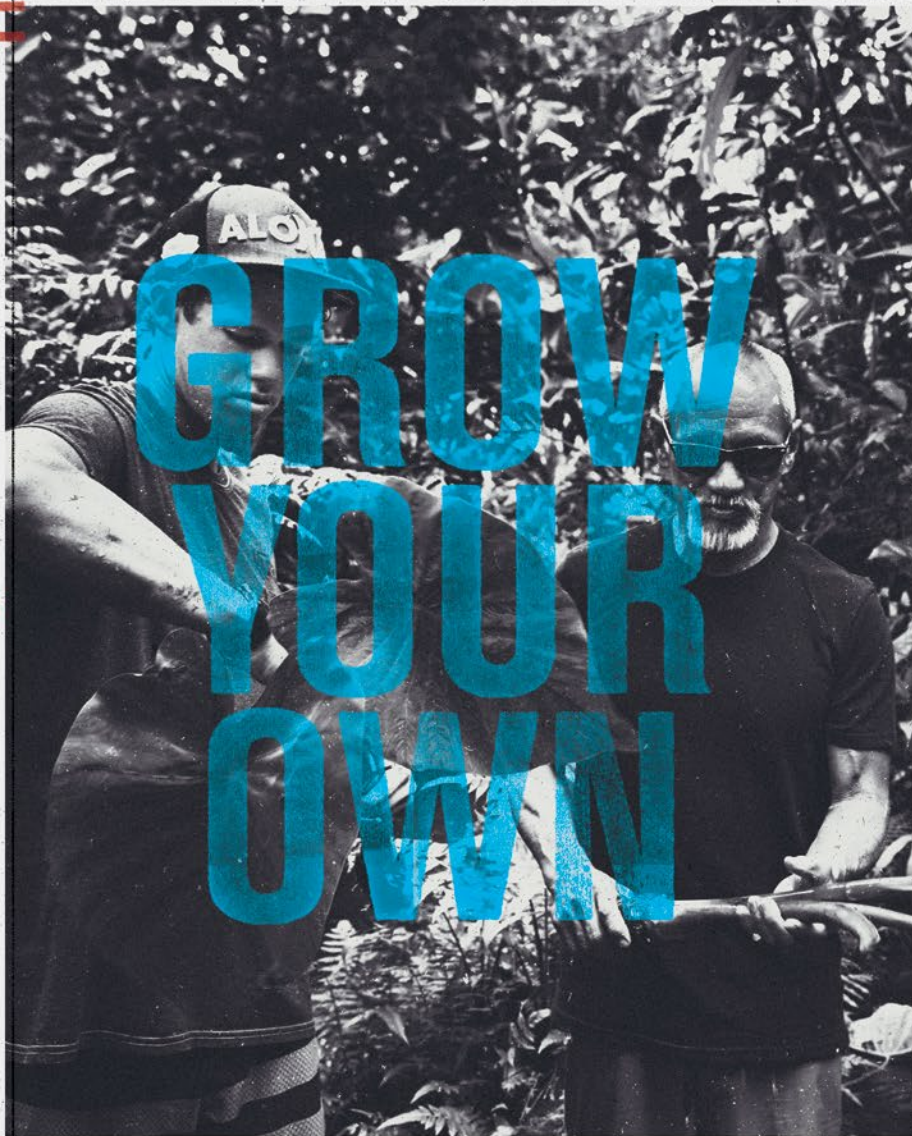
WE TAKE TWO BOARD BAGS TO MOST OF THE EVENTS, AND CARRY 6 OR 7 BOARDS IN EACH BAG. WE TRY TO PROTECT THEM WITH LAYERS OF WETSUITS, BOARDSHORTS, TRACTION PADS, LEASHES, CARDBOARD AND CLOTHES... WHATEVER WE CAN TO AVOID USING PLASTIC.



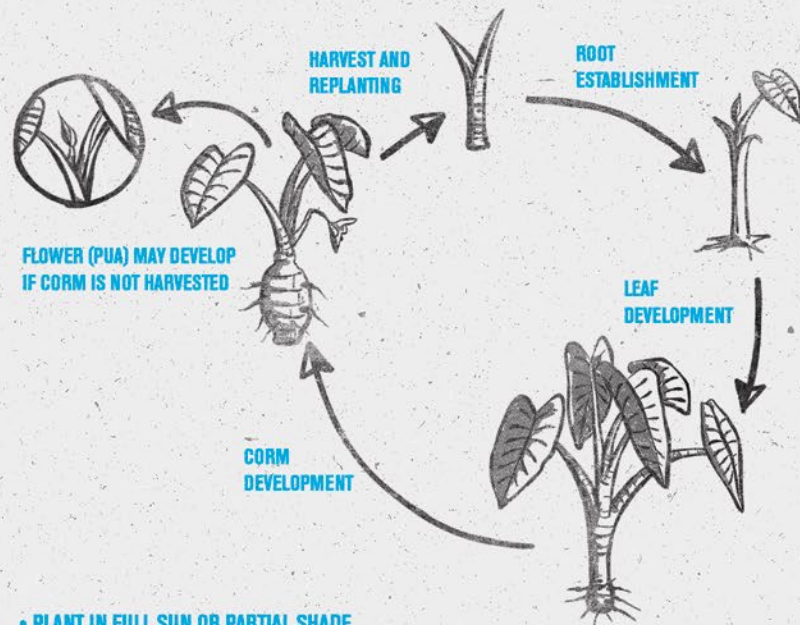
KOA SMITH GOT ME INTO THE WIM HOF BREATHING METHOD – IT'S A GREAT WAY TO STAY CALM, CENTERED AND FOCUSED. HERE'S THE BASICS AS I LEARNED THEM FROM KOA, BUT MAKE SURE YOU DO THIS WITH AN EXPERT FIRST AND NEVER DO IT ALONE BEFORE FREE DIVING, ETC.:

1. SIT IN A COMFORTABLE POSITION OR LIE ON YOUR BACK.
2. START WITH 30-40 BREATHS IN/OUT THROUGH MOUTH.
3. LET OUT ALL YOUR AIR AND HOLD YOUR BREATH FOR AS LONG AS YOU CAN
4. BREATHE IN FOR 10 SECONDS
5. REPEAT STEPS 1-4 FOR 3 ROUNDS

[LEARN MORE AT [WIMHOFMETHOD.COM](http://WIMHOFMETHOD.COM)]



## TARO\* ON HAWAIIAN SOIL



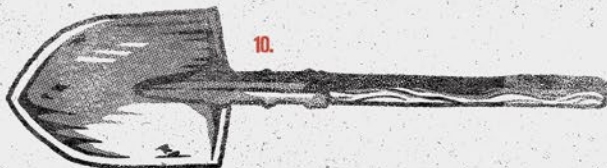
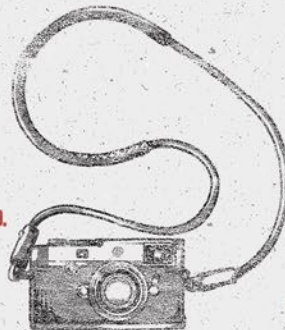
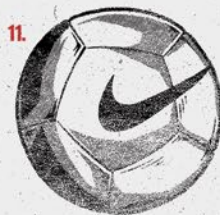
- PLANT IN FULL SUN OR PARTIAL SHADE.
- KEEP SOIL CONSISTENTLY MOIST, AND COMPOST OFTEN.
- I'VE HAD LUCK INTERCROPPING WITH SWEET POTATO.

\* ALSO KNOWN AS "KALO" IN HAWAII, WHERE IT IS COMMONLY COOKED, MASHED WITH WATER AND SERVED AS "POI."



# LAND ESSENTIALS

1. BEANIE
2. THERMA PROTECT HOODIE
3. FLANNEL
4. CHAMOMILE TEA
5. LONG SLEEVE TEE
6. BEE KEEPER UNIFORM
7. READING MATERIAL
8. DECK OF CARDS
9. LEICA M7 CAMERA
10. SHOVEL
11. SOCCER BALL







# SEA

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NOTES:

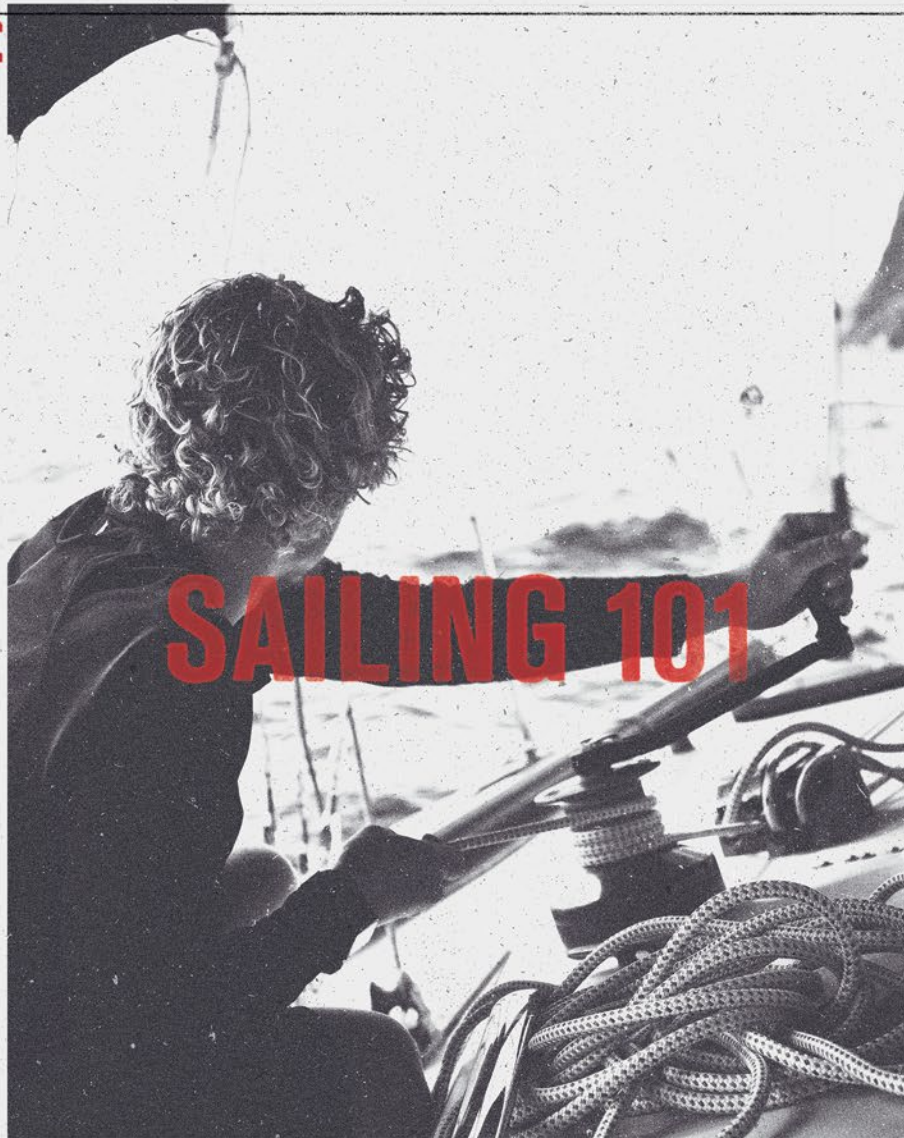
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WATCH THESE TOPICS COME TO LIFE AT [YOUTUBE.COM/HURLEY](https://www.youtube.com/hurley)

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SEA

SEA



# SAILING 101

**I LOVE THAT THERE'S A CONSTANT LEARNING CURVE IN SAILING. IT'S JUST LIKE SURFING THAT WAY – IT'S ENDLESS. YOU'RE ALWAYS ADJUSTING TO THE WAVES AND THE WIND AND IT KEEPS YOU FOCUSED ON WHAT YOU'RE DOING IN THE MOMENT. I THINK THAT'S WHY IT CAN GET SO ADDICTING. I AM FAR FROM AN EXPERT, BUT IF YOU'RE INTERESTED IN LEARNING, HERE ARE A FEW THINGS THAT HELPED ME ALONG THE WAY:**

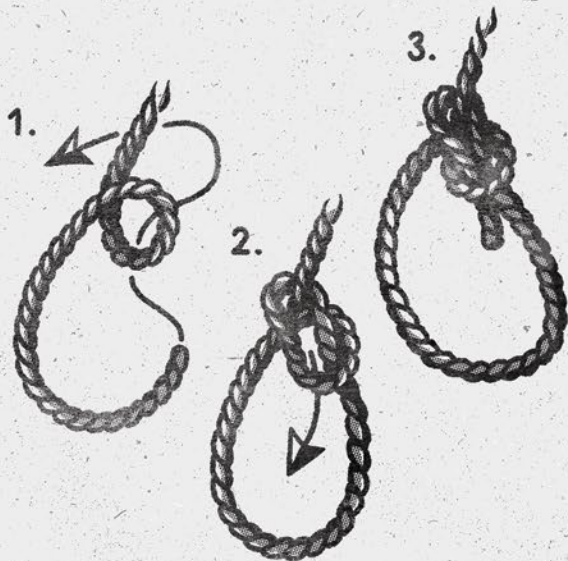
- 1. FIND A WAY TO SAIL WITH AN EXPERT, SOMEONE WHO CAN GIVE YOU TIPS WHILE YOU'RE ACTUALLY OUT ON THE WATER. HANDS-ON EXPERIENCE IS THE FASTEST WAY TO LEARN.**
- 2. START WITH A SMALL DINGHY LIKE A LASER OR SUNFISH, AND THEN WORK YOUR WAY UP IN SIZE AND SPEED.**
- 3. LEARN A FEW KNOTS AND KEEP LEARNING MORE. I STARTED WITH THE BOWLINE, CLEAT HITCH AND FIGURE EIGHT KNOT AND WENT FROM THERE.**

# KNOT KNOWLEDGE

WHETHER YOU'RE SAILING OR SURFING OR JUST DOING SOMETHING AROUND THE WATER, IT'S GOOD TO KNOW A FEW GOOD KNOTS FOR WHATEVER NEEDS TO BE SECURED. HERE'S TWO:

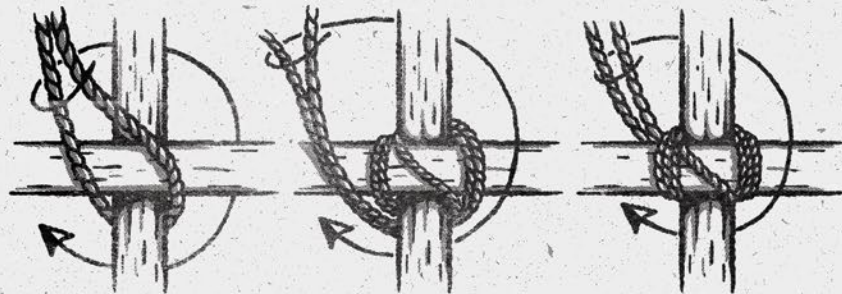
## BOWLINE KNOT

THE BOWLINE FORMS A SECURE LOOP IN THE END OF A PIECE OF ROPE. IT MIGHT BE THE MOST USEFUL KNOT IN THE WORLD. UNDER LOAD, IT DOES NOT SLIP OR BIND, AND WITH NO LOAD IT CAN BE UNTIED EASILY. USE IT TO FASTEN A ROPE TO RING OR POST, OR LINK TWO BOWLINES TOGETHER TO SECURELY CONNECT TWO LINES.



## LASHING KNOT

A USEFUL KNOT THAT WILL ALLOW YOU TO CREATE FRAMES OR SCAFFOLDING. IT'S NORMALLY USED TO TIE TOGETHER TWO POLES OR BOARDS AT A 90-DEGREE ANGLE. WHEN YOU'RE STRANDED ON AN ISLAND AND NEED TO BUILD A RAFT, OR IMPROVISE A HATCHET, THIS IS WHERE YOU START.



# LOBSTER DIVES



**DURING A RECENT TRIP TO AFRICA, MY BROTHER IVAN AND I SPENT HOURS DIVING FOR LOBSTERS IN THIS LITTLE COVE WITH FRANK SOLOMON. IT'S A COMMITMENT TO FIND THEM, WAY HARDER THAN WE EXPECTED, BUT WORTH IT WHEN YOU DO. WE ATE WELL TWO NIGHTS IN A ROW.**

## **A FEW THINGS TO REMEMBER:**

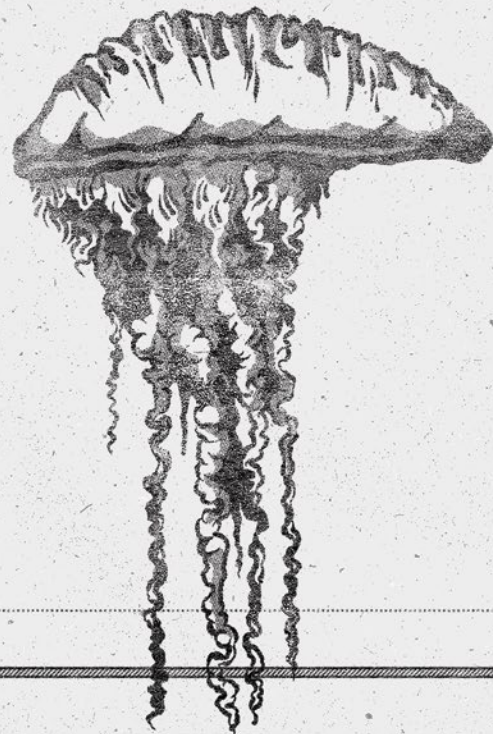
- **KNOW AND FOLLOW THE LOCAL REGULATIONS ON MINIMUM LENGTH.\***
- **TAKE ONLY WHAT YOU NEED AND LEAVE THE PREGNANT ONES BEHIND.**
- **LOOK UNDER THE LEDGES -- THAT'S WHERE THEY HIDE.**
- **WEAR GLOVES!**

**\*ABOVE ALL, RESPECT LOCAL FISHING COMMUNITIES AND CONSERVATION AGENCIES.**

# IT'S NOT A JELLYFISH

## **HANDLING A BLUE BOTTLE STING:**

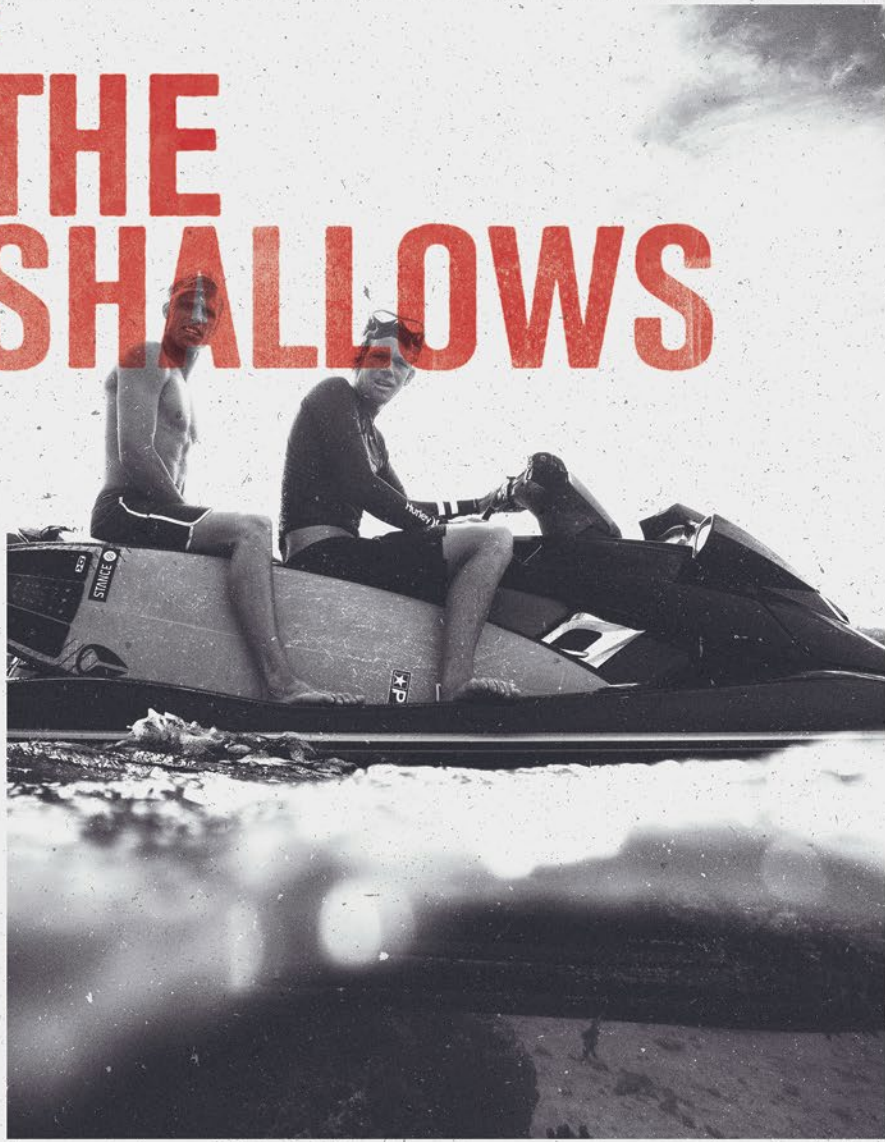
- 1. IF THE TENTACLES ARE STILL WRAPPED AROUND YOUR BODY, DIVE BACK UNDERWATER TO PULL THEM OFF.**
- 2. MODERN SCIENCE SAYS VINEGAR AND HOT WATER ARE TWO GOOD WAYS TO REDUCE PAIN.**
- 3. TRADITIONAL WISDOM SAYS URINATING ON THE STING IS AN OPTION, ESPECIALLY WHEN IT'S YOUR BROTHER OR FRIEND WHO NEEDS HELP.**



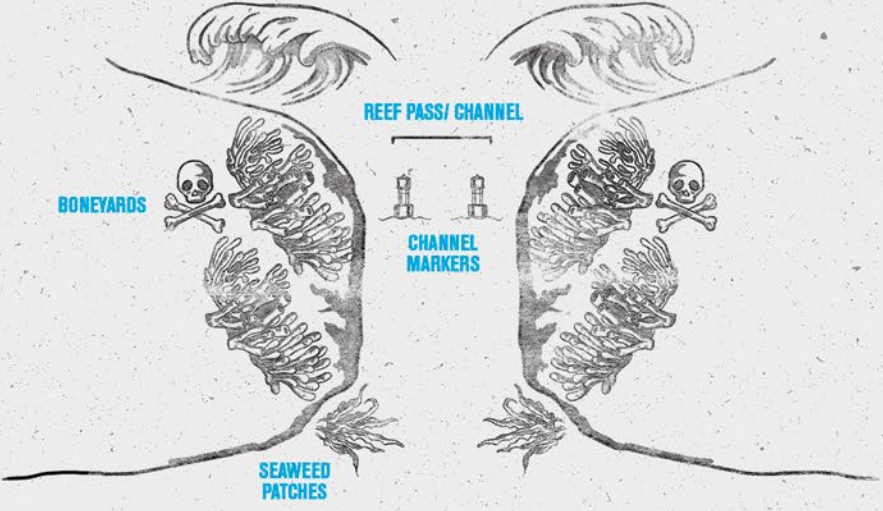
CATEGORY: SEA



# THE SHALLOWS



GOING SURFING AROUND REEF PASSES CAN BE TRICKY, ESPECIALLY WITH CHANGING CONDITIONS AND TIDES. IT'S NOT HARD TO RUIN YOUR SKI WITH ONE BAD DECISION. ONE THING I'VE LEARNED IS THAT THE FASTER YOU GO THE MORE YOU PLANE OUT, SO WHEN YOU'RE TRAVELING OVER SHALLOW REEF IT'S BETTER TO GUN IT. I THINK YOU ONLY NEED 3-4 INCHES OF WATER FOR PASSAGE. BELOW ARE A FEW THINGS TO LOOK OUT FOR..



# ICE BATHS



A LOT OF PROFESSIONAL ATHLETES SWEAR BY ICE BATH THERAPY. I'VE FOUND IT HELPS WITH QUICKER RECOVERY AND SORENESS. START WITH WATER AROUND 55 DEGREES FAHRENHEIT (THE SOUTHERN ATLANTIC OCEAN IS PERFECT FOR IT) AND SPEND

3-5 MINUTES SUBMERGED UP TO YOUR SHOULDERS. YOU MIGHT BE SHOCKED BY THE BENEFITS.\*

\* IF YOU'RE CAMPING, MAKE SURE A WARM FIRE IS WITHIN SPRINTING DISTANCE.



# MUSSELS FOR DINNER



## EAT LIKE A KING IN EIGHT EASY STEPS:

1. WAIT FOR LOW TIDE AND PICK ONLY THE SUBMERGED ONES (NOT THE DRY ONES EXPOSED TO SUN).
2. ONLY TAKE WHAT YOU CAN EAT IN PLACES WHERE IT'S LEGAL TO COLLECT AND EAT THEM RECREATIONALLY (FOR EXAMPLE, IN CALIFORNIA, YOU CAN ONLY TAKE THEM FOR FISH BAIT).
3. THOROUGHLY SCRUB EACH MUSSEL AND PULL THE "BEARD" (THE TISSUE THAT CONNECTS THEM TO ROCKS).
4. BOIL A POT OF BUTTER, WHITE WINE, ONION, GARLIC, PEPPER.
5. ADD MUSSELS, LET BOIL FOR NO MORE THAN 4-5 MINUTES.
6. DRAIN.
7. EAT ONLY THE ONES THAT NATURALLY OPENED DURING THE BOIL (THE OTHER ONES SHOULD BE DISCARDED).
8. ENJOY STRAIGHT OUT OF THE SHELL.



# AVOIDING PLASTICS



I'M NOT PERFECT IN THIS CATEGORY, BUT I AM TRYING TO GET BETTER-AS I LEARN MORE ABOUT THE CONSEQUENCES. WHEN YOU START TO PAY MORE ATTENTION, IT MAKES YOU LOOK CLOSER AT YOUR OWN ACTIONS. WHAT I REALIZED IS YOU DON'T HAVE TO TURN YOUR WHOLE LIFE UPSIDE DOWN. YOU CAN START BY CHANGING A FEW SIMPLE HABITS – AND IF WE ALL DO THAT, IT WILL MAKE A BIG IMPACT. HERE ARE FIVE I TRY MY BEST TO FOLLOW:

- BRING A REUSABLE WATER BOTTLE OR CONTAINER, EVERYWHERE
- CARRY A QUIVER OF REUSABLE BAGS IN YOUR CAR
- SHOP AT THE LOCAL FARMER'S MARKET
- ASK FOR NO STRAW
- GIVE UP CHEWING GUM

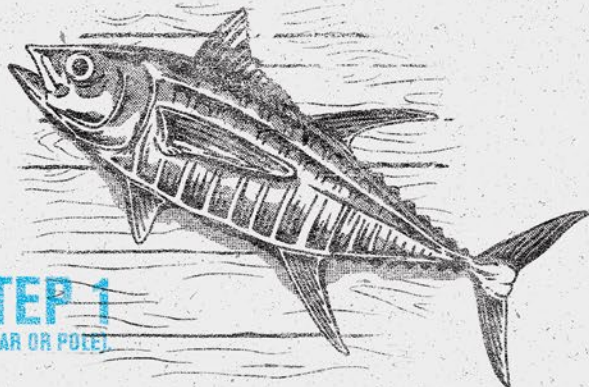


# POISSON CRU

(TAHITIAN CEVICHE)

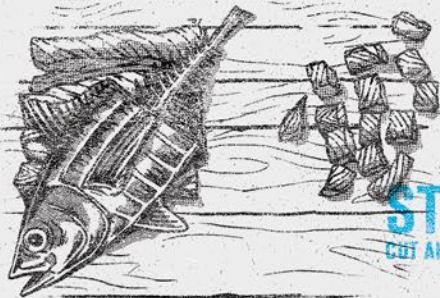
## INGREDIENTS:

- 1 LB YELLOWFIN TUNA
- 4-6 LIMES, JUICED
- ½ CUP COCONUT MILK
- 1 CUP CUCUMBER, CHOPPED
- 1 TOMATO, CHOPPED
- 1 CUP ONION, CHOPPED



## STEP 1

CATCH FISH (SPEAR OR POLE)



## STEP 2

CUT AHI INTO SMALL CUBES.

## STEP 3

ADD INGREDIENTS.



## STEP 4

CHILL FOR AN HOUR. ENJOY.



# SEA ESSENTIALS

1. JJF HAT
2. THREE LAYER JACKET
3. HOODIE SURF SHIRT
4. ALPHA TRAINER
5. SEXTANT
6. DIVE BAG
7. ROPE WITH KNOTS
8. PHANTOM SANDALS
8. GINGER CHEWS
10. DIVE MASK



6.



1.



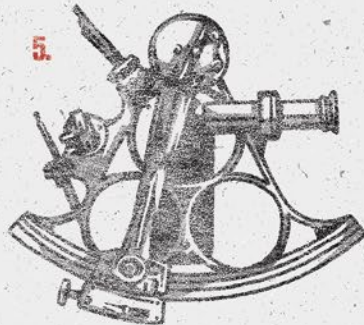
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9.




# SURF

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NOTES:  
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SURF

# UNDER THE LEDGE

OR HOW TO IMPROVE YOUR ODDS



1. START PADDLING TOWARD THE SHORE BEFORE YOU THINK YOU NEED TO
2. PUT YOURSELF UNDER THE STEPS, NOT THE WAVE
3. BE QUICK



# NEW SPOTS



THERE WILL ALWAYS BE THE CHANCE TO FIND SOME UNRIDDEN WAVE ON THE RIGHT SWELL AND TIDE AND WIND. I THINK THAT'S ONE OF THE BEST FEELINGS IN SURFING. THAT'S WHY WE TRAVEL, BUT IT EVEN HAPPENS AT HOME. WHEN THE SAND IS CONSTANTLY MOVING DURING THE WINTER, THERE ARE THESE SANDBARS AND NOVELTY WAVES THAT POP UP RANDOMLY FROM ONE DAY TO THE NEXT. IT SEEMS LIKE THERE'S POTENTIAL FOR NEW SPOTS EVERYWHERE -- IT'S JUST A MATTER OF LOOKING.

- CHANNELS AND RIPS CAN MEAN POTENTIAL, KEEP AN EYE OUT FOR THOSE, AND LOOK FOR SWELLS AND WIND FROM UNCOMMON ANGLES
- BRING THE BINOS
- IT'S GOOD TO BE WITH FRIENDS, WHOEVER MAKES THE FIRST WAVE GETS TO NAME IT
- LET'S ALL TRY TO BE EXTRA CONSIDERATE WITH THE DRONE
- LOOSE LIPS SINK SHIPS





THE WORST THING ABOUT COLD WATER WAVES. THERE'S PRETTY MUCH NO WAY TO AVOID THEM. UNLESS YOU WEAR ONE OF THESE, WHICH I STILL HAVEN'T GOTTEN USED TO.

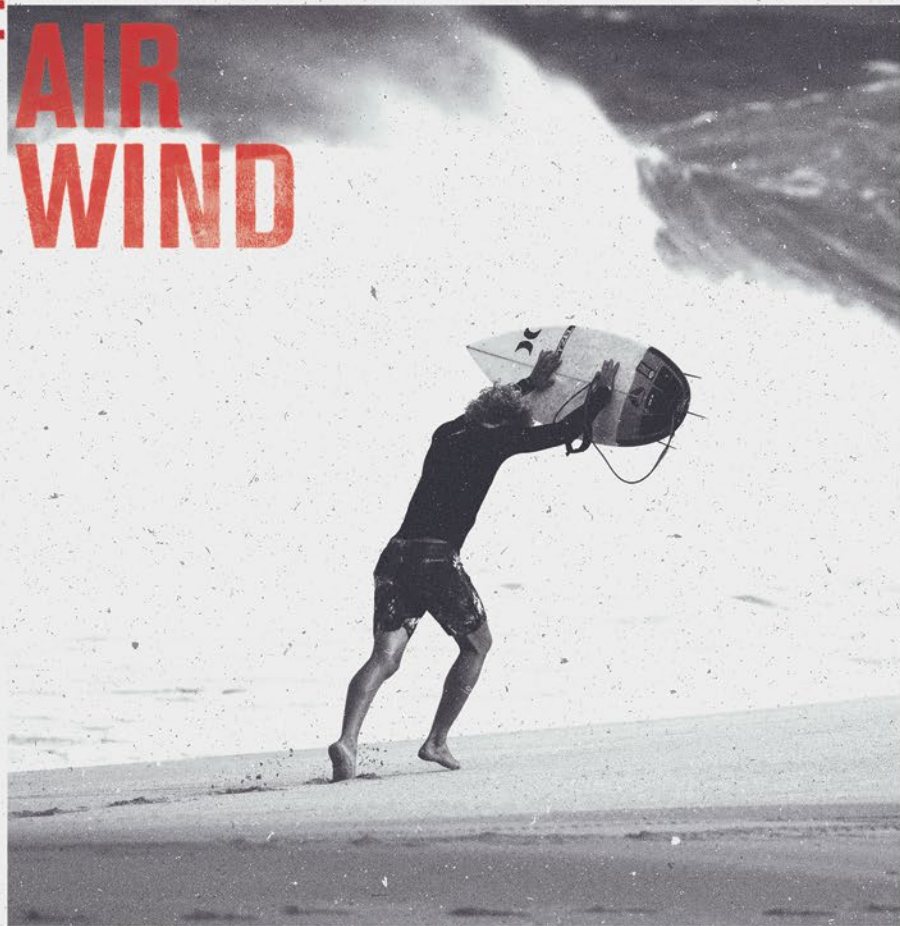
# BOOTIE CALL

AS SOON AS YOUR FEET GO NUMB, YOUR SESSION'S OVER. THE THINNER THE BOOTIES, THE BETTER FOR ME. YOU WANT TO STILL FEEL YOUR BOARD. OTHERWISE, IT FEELS LIKE I'M SURFING IN SHOES.



CATEGORY: SURF

# AIR WIND



1.



N/NE  
(SIDE ONSHORE)  
15-30 KTS

2. LET IT FLY



CATEGORY: SURF

# WARM WATER KIT

1. HURLEY LONGSLEEVE SURF JACKET
2. HOODIE SURF SHIRT
3. J.J.F 4 BOARD SHORTS



# COLD WATER KIT

1. HURLEY ADVANTAGE WETSUIT
2. HURLEY GLOVES
3. HURLEY BOOTIES





# RIDE ANYTHING

THERE'S NO WRONG WAY TO GO SURFING. FIGURE OUT WHAT  
YOU LIKE MOST AND GO AFTER IT.



# NO GRAB

JAMIE O'BRIEN WAS THE FIRST GUY PUSHING ME TO TAKE MY HAND OFF THE RAIL IN A BACKSIDE TUBE. HE'D YELL AT ME ALL THE TIME ABOUT IT AT PIPE. THE BEST WAY TO GET COMFORTABLE WITH THE NO GRAB IS TO START WITH A TRADITIONAL GRAB ON THE TAKEOFF. ONCE YOU SET YOUR EDGE, LET GO. IT'S REALLY A COMFORT THING AND WORKS BEST IN BARRELS THAT ARE MORE PREDICTABLE. WHICH IS WHY YOU SEE GUYS DOING IT A LOT MORE OFTEN AT SPOTS LIKE TEAHUPO'O VERSUS PIPELINE.



## THE UNRIDDEN REALM

TOO BIG, TOO STEEP, TOO FAST, NO ENTRY... WE'VE ALL BEEN THERE TO VARYING DEGREES. WHEN THIS HAPPENS TO ME, HERE'S WHAT I DO:

1. WATCH FROM THE BEACH LONGER THAN YOU NORMALLY WOULD. LOOK FOR PATTERNS AND BE A SKEPTIC WITH YOUR MINDSURFING (IE: IT'S USUALLY AT LEAST TWICE AS HARD TO DO IN REAL LIFE WHAT YOU'RE DOING IN YOUR HEAD.)
2. PADDLE OUT TO THE ZONE AND LET A FEW SETS GO. WATCH CAREFULLY WHAT THE WAVE DOES EACH TIME.
3. SURROUND YOURSELF WITH FRIENDS WHO WILL PUSH YOU. SELF-MOTIVATION IS OVERRATED.
4. VIDEO THAT FIRST SESSION. LOOK WHERE YOU MISSED OPPORTUNITIES AND TRY AGAIN NEXT TIME.
5. WALK AWAY IF YOU'RE JUST NOT FEELING IT.

# ONE BOARD

IF I COULD ONLY TAKE ONE BOARD ON TOUR, IT WOULD BE A BOARD THAT PYZEL HAS BEEN WORKING ON THE LAST TWO YEARS CALLED THE GHOST. WE HAVEN'T BEEN ABLE TO FIND A WEAKNESS YET. IT HOLDS A RAIL REALLY WELL, IT'S GOOD IN THE TUBE, AND GOOD IN THE AIR. I WAS SKEPTICAL AT FIRST, BUT IT'S LIKE A HYBRID OF FOUR DECADES OF SHORTBOARD DESIGN. WE'RE EXCITED TO KEEP REFINING IT.

MY CURRENT ALL-PURPOSE BOARD DIMENSIONS:

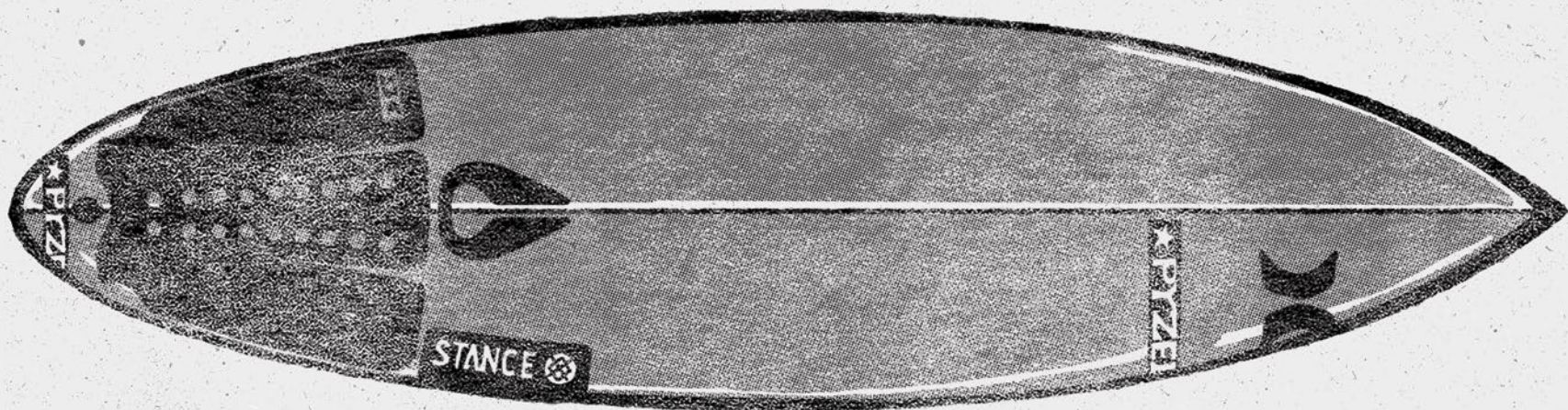
THE GHOST SHAPED BY JON PYZEL

6'0"

18.75"

2.50"

28.2 LITERS



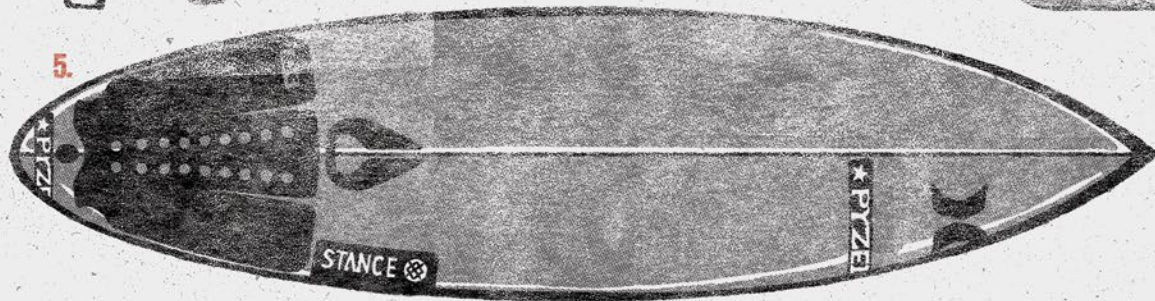
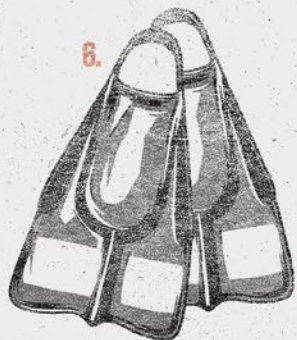
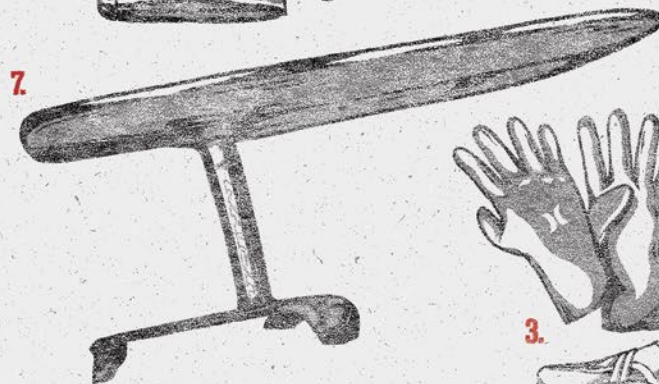
# FOAM BALL

IN THE PAST, THE GOAL WAS TO AVOID THE FOAM BALL AND STAY JUST AHEAD OF IT. BUT THESE DAYS AT SPOTS LIKE TEAHUPO'O, ESPECIALLY WHEN WE'RE COMPETING, THE GUYS KEEP PUSHING IT DEEPER AND DEEPER AND NOW YOU PRETTY MUCH HAVE TO NAVIGATE THE FOAM BALL EVERY TIME TO GET A SCORE. THERE'S REALLY NO SCIENCE TO THIS UNPREDICTABLE PART OF THE WAVE, BUT I HAVE FOUND THAT LEANING BACK ON YOUR BOARD IMPROVES YOUR CHANCES OF A SUCCESSFUL EXIT.



# SURF ESSENTIALS

1. JJF 4 BOARD SHORTS
2. HURLEY ADVANTAGE WETSUIT
3. HURLEY BOÖTIES AND GLOVES
4. HURLEY LONGSLEEVE SURF JACKET
5. THE GHOST
6. PAIR OF FINS
7. JOHN'S FOIL
8. SIGNATURE JJF FUTURES FINS





# WAVE POOLS



FROM WHAT I'VE EXPERIENCED THIS YEAR, I THINK WAVE POOLS ARE GOING TO PLAY A BIG ROLE IN THE FUTURE OF SURFING, ESPECIALLY WITH COMPETITION. I'M BLOWN AWAY BY HOW FAST THE TECHNOLOGY IS PROGRESSING. KELLY'S SURF RANCH HAS ALREADY HIT SUCH A HIGH LEVEL, AND IT FEELS LIKE IT'S JUST

THE BEGINNING. THEY WILL NEVER REPLACE WAVES LIKE PIPELINE, OR TEAHUPO'O OR JBAY — OR ANY NATURAL WAVE, REALLY. THERE'S TOO MUCH GOOD THAT COMES FROM THE OCEAN AS A SURFER. THE QUESTION IS, WILL THEY BE PART OF THE 2020 OLYMPICS?



# BUCKET LIST

THERE AREN'T MANY PLACES THAT I KEEP DREAMING ABOUT, BUT SKELETON BAY IN NAMIBIA IS PROBABLY AT THE TOP OF THE LIST. ALL MY FRIENDS WHO GO THERE AND SCORE COME BACK WITH THIS LOOK IN THEIR EYES LIKE THEY SAW SOMETHING THAT CHANGED THEIR LIVES FOREVER. TO LOVE TO SEE WHAT THEY SAW.

OTHER THAN THAT, I'VE BEEN BRAINSTORMING THIS SAILING TRIP...



# SURFING IN SPACE



"YOU OBSERVE GREAT TIDAL WAVES FROM GREAT TIDAL FORCES, OF MAGNITUDE THAT ORBITING A BLACK HOLE MIGHT CREATE"  
— DR. NEIL DEGRASSE TYSON, ASTROPHYSICIST

REMEMBER THAT SCENE IN *INTERSTELLAR* WHEN THE RANGER 1 LANDS ON MILLER'S PLANET AND THEY FACE A SERIES OF 1000-FOOTERS IN WAIST-DEEP WATER? ACCORDING TO DR. NEIL DEGRASSE TYSON, THIS ISN'T TOTALLY OUT OF THE QUESTION. WHO'S GOING TO GET OUT THERE AND RIDE THE FIRST WAVE?



# GET OUT THERE AND LEARN

NO REALLY, GET OUT THERE. WE LEFT THE FOLLOWING PAGES  
BLANK SO YOU COULD TAKE NOTES. THANKS FOR READING...



# NOTES

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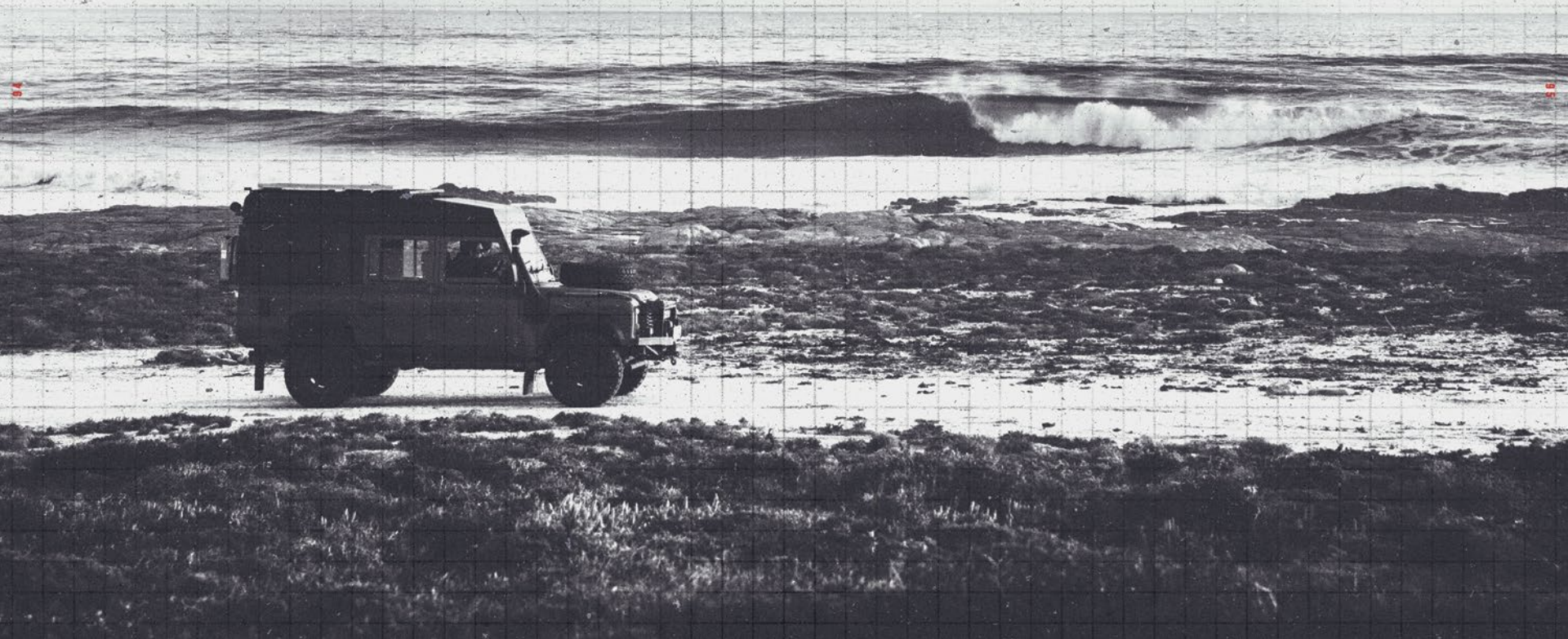
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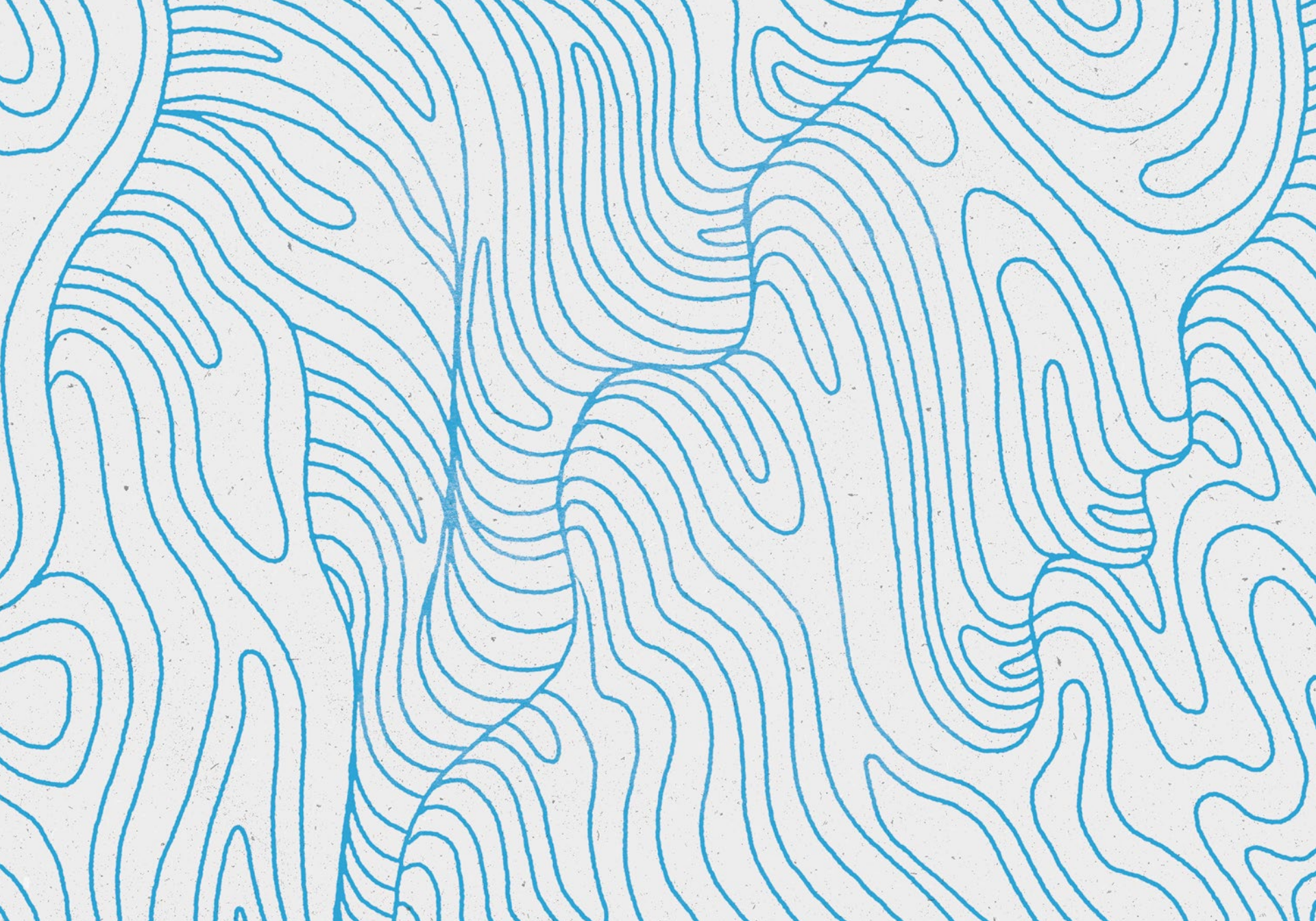
NOTES



**THE END**

**...IS THE BEGINNING**





**#GETOUTTHEREANDLEARN**

ALL PROCEEDS FROM THIS FIELD GUIDE WILL GO TO  
KOKUA HAWAII FOUNDATION AND SUNSET BEACH ELEMENTARY.

Hurley

